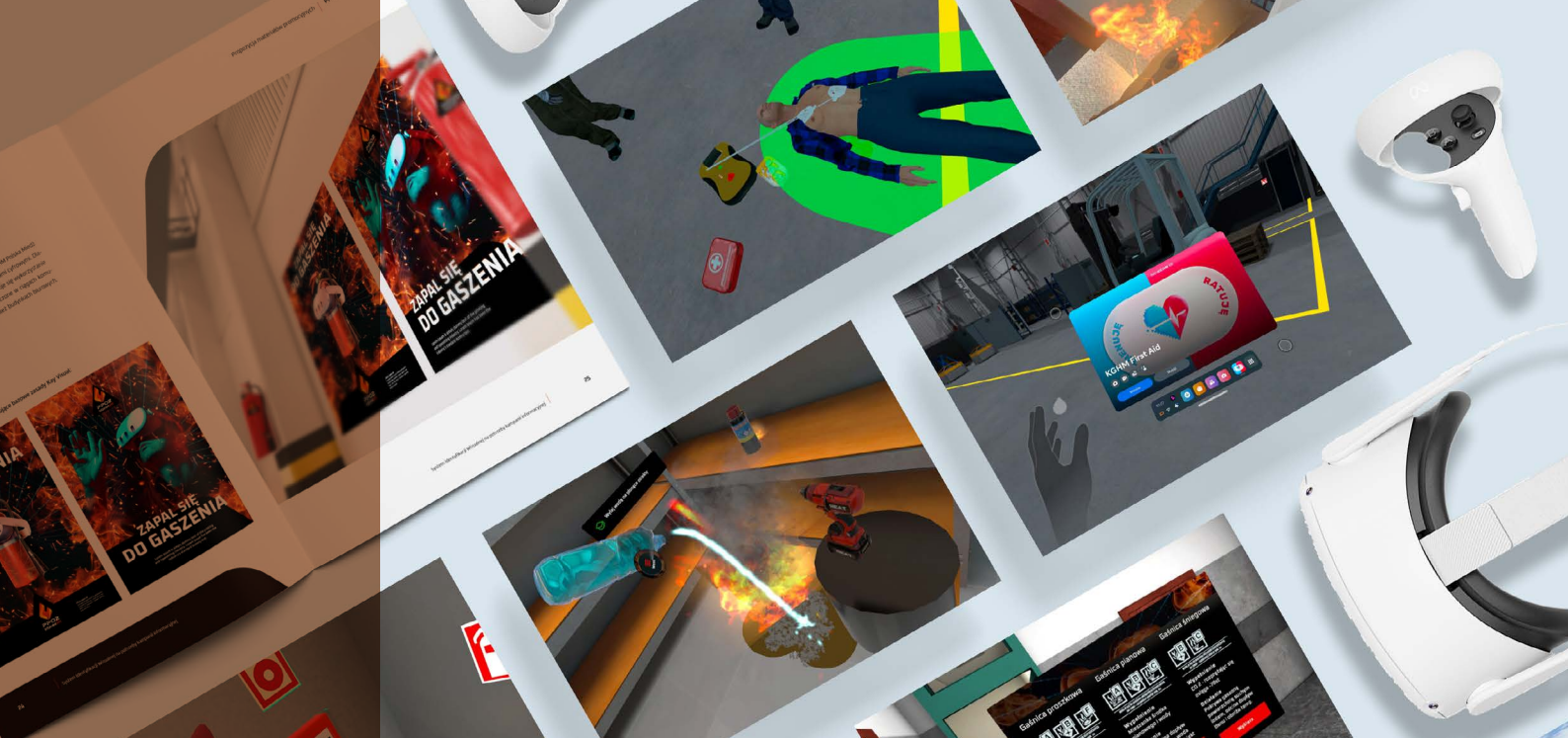


Applied Psychology and Occupational Health Promotion Department

Supporting health
and safety at work!

- + Psychological analysis, research and expert assessment aimed at improving workplace safety and employee well-being
- + Application of the latest scientific advances and technological solutions in psychology
- + Comprehensive development and implementation of initiatives tailored to the needs of the organisation, delivered in the form of programmes, campaigns and training.





Our Services

- + Research and expert assessments of psychological determinants of the work environment.
- + Analysis of safety climate and safety culture within organisations.
- + Support in building safe and health-promoting behaviours.
- + Employee health improvement programmes (holistic approach).
- + Measurement of psychosocial stress and development of preventive guidelines.
- + Enhancement of the quality of employee healthcare.

What do we do?

- + We apply modern, evidence-based methods grounded in international psychological research.
- + We provide a comprehensive approach, including diagnosis, analysis and implementation of solutions tailored to each organisation.
- + We design health promotion programmes that account for ergonomics, fatigue and workload.

Training and development

We design and deliver training in the areas of:

- + Soft skills (psychological and psychosocial competencies),
- + Stress prevention and workplace safety,
- + Customised training solutions tailored to the specific needs of your organisation.

We help organisations create healthier, safer and more effective workplaces.

Contact us

Applied Psychology and Occupational
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